

Questions to explore:

Create a Mind Map of free flowing sparks of inspiration.

Create a Mind Map of one particular inspiration that you are especially in love with – a writer, a poet, a filmmaker, a chef.

Pull out a poem, passage or favorite quote and write it down.

Are you writing your book with someone in particular in mind?

Write them a letter telling them why this book is for him or her.

Or print out a picture of your muse(s) and tape it into the front cover of your binder.

Choose a theme song for your book. Print out the lyrics and tuck them into your binder.

Create a Pinterest board of the covers of your favorite books.

Create a vision board and/or Pinterest board with color and design inspirations.

Ask your friends and family to send you a few words of support and encouragement (maybe even in an actual card or letter.) Put them all in a binder sleeve for when you need a little extra dose of inspiration.